

THE CHAOTIC COOK STARTER PACK

For snackers, strugglers &
stovetop survivors



CookingChallenged.com



Cooking Challenged

NON-FOODIE LEARNS TO COOK

Welcome to the survival zone. These are my go-to kitchen lifesavers — cute, chaotic-proof, and low-effort approved. If cooking stresses you out, this list is your new bestie.



Traci

Cooking Challenged

911 on speed dial

Disclosure: Some of the links in this post are ‘affiliate links’. This means if you click on the link and purchase the item, I will receive an affiliate commission.

1. Microwave (aka Lifesaver Box)

For the girlyies who treat the oven like a storage unit. This baby gets it done.

→ [Shop My Fave Microwave](#)

2. Air Fryer (No Thoughts, Just Crispy)

Everything tastes gourmet when it's air fried. Even frozen pizza rolls.

→ [My Air Fryer Obsession](#)

3. Non-Stick Frying Pan (Chaos-Proof)

Burnt who? This pan forgives your mistakes and your lack of attention span.

→ [Get the Non-Stick Queen](#)

4. Big Pot (One Pot = One Brain Cell)

Perfect for "don't ask what's in this" dinners. Minimal dishes, maximum vibes.

→ [Shop My Favorite Big Pot](#)

5. Can Opener (Open Sesame Energy)

Because every "recipe" starts with something in a can. It's even arthritis friendly.

→ [This One Actually Works First Try](#)

6. Utensil Set (Hot Mess Essentials)

Tongs, spatula, and other tools of survival. Also kinda cute on your counter.

→ [Grab the Utensil Set I Use Daily](#)

7. Measuring Cups/Spoons (Cutie Math Tools)

Don't measure with vibes. Use these instead.

→ [Click for the Cutest Set Ever](#)

8. Mixing Bowls (For Mixing or Melting Down)

You'll be surprised how often you use these. Also: popcorn bowls? Yes.

→ [These Are My Everything Bowls](#)

9. Toaster (For Sad Toast and Happy Vibes)

Breakfast? Snack? Midnight breakdown? Covered

.

→ [My Trusty Toaster BFF](#)

10. Funny Apron (Chaos Couture)

Because dressing up makes failure taste better.

→ [Shop My Favorite LOL Aprons](#)

11. Snack Drawer Organizer (Snack Life = Best Life)
Life's too short for messy snacks. This keeps the candy stash aesthetic.

→ [Make Your Snack Drawer Hot](#)

12. Knife Set (Only for Chopping, Promise)
For when you're ready to level up from "spoon only."

→ [Click for the Cute Knife Set](#)

13. The Best Recipe Saving App/Digital Cookbook
Do you save a gazillion recipes saved on social media, only to never find them again. This app solves that. Use on the web or via the app

→ [Grab It here for the greatest digital cookbook](#)

Hopefully this list helps you get your kitchen tools and gadgets In order. It might not make you a great cook, but at least you'll have fancy equipment to make It a little easier.

Don't forget to follow me on my socials to witness first hand my hilarious cooking adventures.

